

# 2019

## 3<sup>rd</sup> Trimester Report

**Stichting TOP**



**macheo**

## Introduction

Macheo is grateful for the support received from Stichting Top all these years and proud to transform the lives of the vulnerable families through your donation. Through our efforts in Kenya we realize that in order to truly help people, we have to think not just about helping, but also about entire communities need, both immediately and in the long term while ensuring that our interventions contribute to ending poverty and increasing shared prosperity for all vulnerable families.

In this report, we have shared our success through the activities carried out in the reporting period. A success story is also included showing how one of our beneficiaries supported with holistic interventions. We have also attached a detailed and analyzed financial report.

## How your support helped Layla

"When I was married he liked to control everything, he thought it was what husbands were allowed to do. I felt I was a prisoner in my own home. I felt like a dog on a chain and I couldn't get off it. Like many others who are poor, I didn't have just one or two problems, but a whole pile of them." These are Layla's words as she narrates her turn of events in the struggle to rise to her dreams.

Meet 31 years old Layla (not real name), a mother of five children living in Kitini village, Itetani area. Layla saw her family's life hopelessly crumble several years ago and a lot of bad things happened to her. She stayed at home, dependent on her husband's income. The worst thing was how the husband physically abused her. "I was married and I was unhappy. He was violent and didn't treat me right and he didn't treat my family right either. He got nasty and nastier. Every day things just got worse," she says. I remember when my husband beat me up till he broke my hand. He chased us away after making us stay hungry for several days. My children suffered especially my one year old daughter and were emotionally afflicted due to the way their father mistreated them," Layla adds.

When Macheo social worker first identified her, Layla was going through challenges of hunger, health and emotional instability. Layla's children were missing school regularly and were not having enough food necessary for their growth. Her family drew hope and strength from immediate family and the mercy of the neighbors who found it a burden to support Layla's family. At that time, Layla had moved out and gone to live with her mother as she continued to seek medical attention.

Through Macheo, Layla's family was immediately provided with emergency food package that helped them stabilize from the hunger that had stricken them. Macheo also supported her family with counselling since they were going through a tough moment. After several sessions, Layla's family was able to stabilize emotionally and cope with the situation. Since Layla's children were not attending school. Due to deteriorating condition, Macheo facilitated her to visit Kangundo hospital where her hand was treated. This enabled her to recover and has been able to work so that she can feed her family. Macheo also saw the need to empower Layla economically thus was also supported with a starter capital to establish a grocery business which has enabled her diversify and start farming. Her children were referred for feeding making them access school and also get regular meals when the schools are ongoing. Despite all odds, Layla has been able to support her family with a safe place to stay and food each day therefore enabling her children to concentrate with their education.

Layla has been an active and very bright mother who always stand out due to her persistence and passion for improving her family's life. She has been able to gradually improve the life of her children and ensure her family is generally living a standard life. Being away from her husband has made the family have a peace of mind, they have stabilized and hope that they can advance each day for the future of her children. "My dreams for the future are to continually grow my business and help my kids succeed. I am very happy for the support I have received from Macheo and for the journey they walked with me," says Layla. "If it were not for Macheo, I would be struggling in distress, my children wouldn't be in school and my hand would not be healed," Layla adds.

## Facilitate Emergency Family Support

Macheo works across all vulnerable interventions to reduce suffering, and ensure families can recover from the losses, restore their lives as they wait for the other interventions to be carried out. Kenya has experienced climate change effect with a high number of vulnerable families becoming vulnerable because of the long rains that caused floods. This has led to some vulnerable families staying hungry for days since their livelihoods were swept away by the heavy rains. All the families identified as needing emergency family support lacked food.

During the reporting period 17 households with an approximately 126 beneficiaries were assisted.



## Household economic Strengthening



Macheo is truly committed to changing the lives of the vulnerable families and children through the Household Economic Strengthening intervention. Through the intervention, vulnerable families are able to engage in activities that generate money that ultimately helps them care for their children by increasing food security, access to school and access to essential health services. Macheo also provide trainings to the families therefore supporting them with knowledge on financial management, savings and entrepreneurship skills. This further helps the vulnerable families to have a consistent family income while increasing their economic independence to improve their ability to provide for their children.

During the reporting period, a total of **36** beneficiaries were supported with starter capital for their businesses. This has helped improve the living conditions of the families through an increase in the household income.

## Assist Mothers in Child Care

By assisting mothers in child care we are helping to change community's attitudes towards maternal health services. We sought to improve women's and children's health



status as well as decreasing maternal death. Macheo intervention on mother to child care is focused on improving prenatal/postnatal care for the vulnerable mothers, including helping more pregnant women and their newborns receive access to essential health care.

We supported **8** mothers to access health services that greatly impacted on their health and that of their infants. We further empowered them to go for medical checkups, counseling support, medicines, tests, nutritional supplements and delivery care. Given the key role that mothers play in the health of their families, the program has continued to contribute towards improving the overall quality of healthcare in the Itetani area.

## Provide feeding

During the reporting period, a total of **197** children (106 boys, 91 girls) benefitted from porridge and a total of **164** children (88 boys, 76 girls) benefitted from lunch. Through the intervention, children have been retained in school thus reducing absenteeism.



We also provided lunch for two days for 34 that is 12 boys and 22 girls who sat for their final primary school exam. The table below presents the average number of children who benefitted from porridge and lunch for 31 days and the targeted number of children.

MEAL	# DAYS	TARGETS	ACTUAL
PORRIDGE	31	300	200
LUNCH	31	230	164

The increase in the parents' contribution was a major factor to non-attainment of targets. But this term we have seen positive change from the parent. We will continue to sensitize the parents and the community on why the changes are necessary.

## Provide dewormers

Parasitic worms are believed to be detrimental to children's health, their cognitive development, education and their futures. Chronic illness caused by worm infections reduces literacy and adult productivity. To curb this, proper deworming at childhood lays the foundation for children to learn, thrive, and grow into healthy adults.

A total of **305** children (165 boys, 140 girls) benefited from dewormers. The children also received information on the importance of using latrines, hand washing and drinking safe water which are various means to preventing intestinal worm infection. This program has significant impacted on their development as they are able to attend school regularly, have increased school participation, are less often sick and have significantly lower rates of severe anemia.

## Provide desks

Macheo provides desks to the schools which have few desks due to the high population and where they want to create a child friendly environment.

During the reporting period, **22** desks were provided further benefitting 63 children in Itetani primary school. This has enabled the children in these schools to be comfortable when learning therefore curbing absenteeism and destructions when learning. It has also made the children to be retained in schools since some of the children miss school due to the unfriendly environment in the classroom as they learn and when they are writing.

## Psychosocial Support

Our psychosocial intervention seeks to positively influence human development by addressing the negative impact of social factors on client's thoughts and behavior. Through the intervention, we also seek to ameliorate the effects of negative thoughts and behavior on the social environment through facilitating activities that encourage positive interaction among thought, behavior, and the social life.

During the reporting period, a total of **52** clients were reached out to through individual counseling sessions and other **102** clients benefitted through group counseling. Through this intervention, the children and their families gained knowledge and skills on how best to cope with life stressors and in the long term we enhanced their emotional, social and physical wellbeing.

## Child Protection

Macheo is committed to increasing children's protection against violence, abuse, exploitation and neglect, and to support children's recovery when these violations do occur. We are focusing our efforts on helping the most vulnerable children in Kenya through promoting measure and initiative that helped to reduce their vulnerability in harmful situations.

Over this period, Macheo supported evidence based work that generally contributed to learning and implementation of innovative approaches to child protection. These initiatives involved strategic partnerships with child protection actors hence contributing to a larger audience committed to delivering results for children.

As a result, **19** children were assisted and protected from all forms of violence and abuse. Depending on the nature of the case, specific actions were taken to assist the children.

In addition, 5 sensitization meetings were carried out reaching out to 163 adults with information on child rights and the measure to prevent child abuse and rights violation. The success of these training were achieved through conducive environment provided by the stakeholders working for children in the area.

## The Stake holders

Macheo has received enormous support from the stakeholders all through the years. The children we serve, Government officers, teachers and the parents continue to offer Macheo a conducive environment that truly make the difference for us, and we are extremely grateful. The success of our interventions is also attributed to the good operating environment provided by both the stakeholders and the schools we support.

## Financial Report

Stichting TOP Jan-Dec 2019 Financial report						
	Actual	Total budget cost	Balance	Actual	Budget	Balance
				Euro		
<b>Income(Jan-Dec)</b>						
Top donation 2019	1.084.853	986.684	-	€ 9.638	€ 8.771	€ (867)
Donation Parents Contribution	85.010	84.600	-	€ 755	€ 752	€ (3)
Donation Carried forward from 2018	113.477	113.477	-	€ 1.008	€ 1.009	€ 1
<b>Total Income(Jan-Dec 2019)</b>	<b>1.283.341</b>	<b>1.184.761</b>	-	<b>€ 11.401</b>	<b>€ 10.531</b>	
<b>Expenses(Jan-Dec)</b>						
Facilitate emergency family support	14.927	17.835	2.908	€ 133	€ 159	€ 26
Direct school support for individuals (desk)	47.362	47.200	(162)	€ 421	€ 420	€ (1)
Household Economic Strengthening	208.500	86.330	(122.170)	€ 1.852	€ 767	€ (1.085)
Assist mothers in child care	15.352	153.520	138.168	€ 136	€ 1.365	€ 1.228
Psycho-social support- Individual counseling	30.870	92.610	61.740	€ 274	€ 823	€ 549
Psycho-social support- Group counseling	60.000	56.250	(3.750)	€ 533	€ 500	€ (33)
Lunch	514.612	525.984	11.371	€ 4.572	€ 4.675	€ 104
Porridge	161.743	168.600	6.857	€ 1.437	€ 1.499	€ 62
Provide deworming	8.540	8.232	(308)	€ 76	€ 73	€ (3)
<b>Total Expenses(Jan-Dec)</b>	<b>1.061.906</b>	<b>1.156.561</b>	<b>94.655</b>	<b>€ 9.434</b>	<b>€ 10.281</b>	<b>€ 846</b>
<b>Balance(Jan-Dec 2019)</b>	<b>221.435</b>	<b>28.200</b>	<b>(94.655)</b>	<b>€ 1.967</b>	<b>€ 251</b>	<b>€ (846)</b>

We carried forward Euro 1.009 from 2018. We received Euro 9.638 for year 2019.

The balance will be utilized in 2020.

## Appreciation

On behalf of the children and the stakeholders, Macheo is extremely grateful for the enormous financial, moral and professional support received from Stichting Top. Through your donation we have been able to retain vulnerable children in school until they complete their primary school education and contribute to their overall well being of the many families we serve.

The lives we have transformed wouldn't have been made possible without your support.

Thank you!